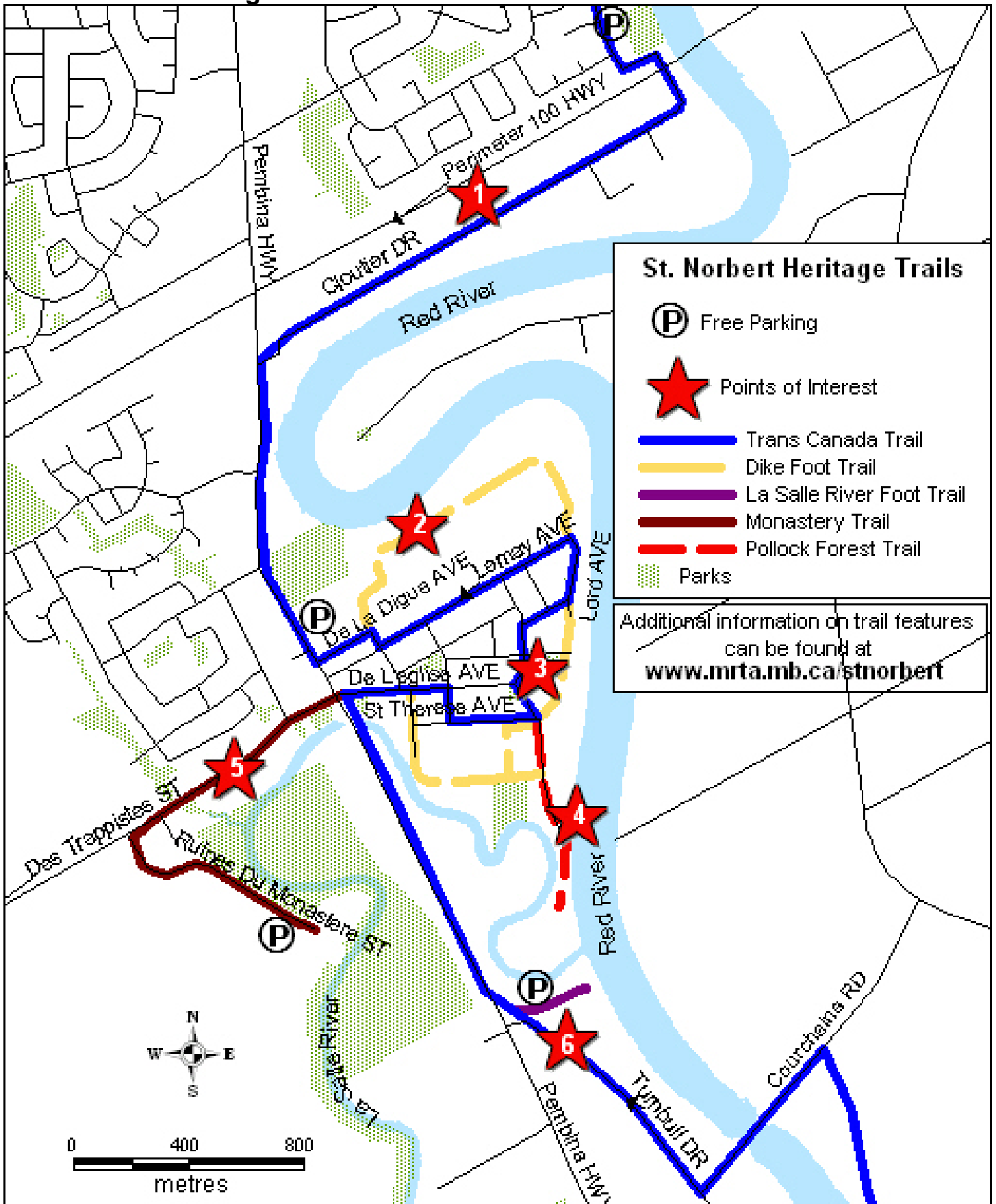


Saint Norbert Heritage Trails





Sentier Cloutier Trail

www.mrta.mb.ca/stnorbert



Sentier Cloutier Trail is part of the St. Norbert Heritage Trails system and was recently completed in the fall of 2006. This \$175,000 asphalt surfaced 2 km trail is Winnipeg's newest section of Trans Canada Trail. It is a multi use trail which was designed in partnership with the City of Winnipeg's Accessibility Department ensuring access for all. The trail connects the communities of Fort Garry and Fort Richmond through to the community of St. Norbert and is home to a large variety of wildlife. The trail weaves through 44 acres of provincially owned property and passes through four of Manitoba's habitats.

- River Bottom Forest
- Tall Grass Prairie
- Oak and Aspen Forests and a
- Wetlands Area.

Also located on the property is a mature nursery featuring many unique species of trees – not native to the area. Sentier Cloutier Trail is open year around for everyone to enjoy!

Sentier Cloutier Trail Features

Parking: Parking to access the trail can be found on Kilkenny Drive and surrounding residential streets
Distance: 2 km
Surface Type: Asphalt
Suitable For: Walking, cycling, wheelchairs, roller sports
Seasons: Open year around, snow removal by City of Winnipeg
Amenities: Benches, interpretive signage of area habitat



Dike Footpath

www.mrta.mb.ca/stnorbert



The Dike Hike, as it is fondly called by local residents, is a **foot only** trail that follows the diking system around the community of St. Norbert and provides flood protection from the mighty Red River. The Dike footpath is part of the St. Norbert Heritage Trails system and is used by local residents year around. It follows the route of the primary diking system and provides a very dramatic view of the Red and La Salle Rivers while offering an interesting insight to the concept 'living on the edge'. Parking to access the footpath can be found on many neighbourhood streets or at the St. Norbert Community Centre.

Dike Foot Path Features

Parking: Parking to access the footpath can be found on many neighbourhood streets or at the St. Norbert Community Centre, 2340 Pembina Hwy.
Distance: 5.5 km
Surface Type: Mowed grass
Suitable For: Walking, mountain biking, skiing
Seasons: Open year around, regular trail users compact snow in winter.
Amenities: N/A



Old St. Norbert Trail

www.mrta.mb.ca/stnorbert



la Chappelle de Notre-Dame-du-Bon-Secours

The Old St. Norbert Trail is part of the St. Norbert Heritage Trails system. It follows the route of the Trans Canada Trail through old St. Norbert and meanders through the picturesque residential suburb revealing an intriguing history on the birthplace of Manitoba. Along the trail you will see la Chappelle de Notre-Dame-du-Bon-Secours, the oldest surviving open air chapel in Manitoba. This small chapel was built in 1875 by Father Ritchot and his Métis parishioners to commemorate the victory of the Métis over their adversaries. It is dedicated to the Virgin Mary, whom they believed was responsible for their success in the Resistance of 1869-70 where not a drop of blood was shed.

Across the road is the St. Norbert Church. It was in the rectory on this location in 1870 that documents were signed by Louis Riel, Father Ritchot, and representatives of the government of Canada to ensure the linguistic, educational, and property rights of the people of the Red River Settlement upon Manitoba's entry into Confederation. The body of Father Ritchot lies entombed within the crypt and the stone Riel-Ritchot monument to the south of the church commemorates the efforts of these two Manitoba leaders.

Old St. Norbert Trail Features

- Parking:** Parking to access the footpath can be found on many neighbourhood streets or at the St. Norbert Community Centre, 2340 Pembina Hwy.
- Distance:** 2.5 km
- Surface Type:** City sidewalks
- Suitable For:** Walking
- Seasons:** Open year around, snow removal by City of Winnipeg
- Amenities:** N/A



Pollock Island Pathway

www.mrta.mb.ca/stnorbert



This 16 acre river bottom private estate was recently gifted to the City of Winnipeg under the Federal Eco gift program. Surrounded by the Red and LaSalle Rivers on all sides, this property becomes St. Norbert's 'island' when waters are high. Access to the property is at the end St. Pierre Street – in dry weather. The very bumpy old access road is slowly being eroded away by the surrounding Red and La Salle rivers. Once you are on the property, you are entering a virtually untouched river bottom forest which is teeming with wildlife. There is a stellar view of the Red River Floodway gates and the ancient fishing grounds where the mouth of the La Salle enters into the Red River. Area residents are working to restore sections of the habitat its to a natural state.

Pollock Island Pathway Features

- Parking:** Parking to access the footpath can be found on neighbourhood streets.
- Distance:** 2.5 km natural trails with offshoots
- Surface Type:** Access to property is over rocks and uneven surfacing. Trail on property is grass surface.
- Suitable For:** Walking
- Seasons:** Open year around, regular trail users compact snow in winter – can become blown in.
- Amenities:** N/A



Monastery Trail

www.mrta.mb.ca/stnorbert



The Monastery Trail, part of the St. Norbert Heritage Trails system, is a spur of the Trans Canada Trail and takes you across Pembina Highway and follows rue des Trappistes west for approximately 1 km. As you walk, enjoy the beautiful creek that feeds into the La Salle River and provides water for the riding stable to the north. Turn on rue des Ruines du Monastère and walk alongside the La Salle River until you reach the Trappist Monastery Provincial Heritage Park. There are no formal trails here, so feel free to wander and read the interpretive signage. It was on this site that Father Ritchot established a monastery in 1892. The St. Norbert Arts Centre is located near the Trappist Monastery Provincial Heritage Park and has many informal trails weaving in and around the buildings and down to the La Salle River. You may wish to

spend some time exploring the mature deciduous forest that extends throughout the grounds and along the riverbanks, or strolling past the fruit orchard, vegetable and flower gardens, domestic animal pens, and surrounding grain fields.

Monastery Trail Features

- Parking:** You can park in St. Norbert at Niakwa Pizza, 3564 Pembina Hwy and walk to the Monastery or you can park at the Trappist Monastery Provincial Heritage Park at the end of Ruines du Monastère.
- Distance:** 1.5 km
- Surface Type:** Grass and gravel
- Suitable For:** Walking, cycling
- Seasons:** Open year around, regular trail users compact snow in winter.
- Amenities:** Picnic areas, washrooms, canoe launch, La Trappe Restaurant open in summer months



Heritage Park Floodway Trail www.mrta.mb.ca/stnorbert



The Heritage Park Floodway Trail, part of the St. Norbert Heritage Trails system, departs St. Norbert south over the St. Norbert Bridge. It follows a 1 km paved sidewalk to the St. Norbert Provincial Heritage Park, Manitoba's only Provincial Park featuring a human history museum and exhibits. During the tourist season, guided tours of the museum and park are offered by Park interpreters. The Park is accessible year-round and is ideal for leisurely walks. In fact, the bark chip foot trail alongside the La Salle River has been recognized by the National American Association for Interpretation for "Excellence in the Interpretive Media of Outdoor Exhibits." The Heritage Park Floodway Trail leaves the Park and follows an informal grass trail along Turnbull Rd leading up to Courchaine Road. The trail crosses over the Floodway Gates and south over Courchaine Road into the lip of the floodway where it connects with the Crow Wing Trail.

Heritage Park Floodway Trail Features

- Parking:** You can park in St. Norbert at Niakwa, 3564 Pembina and walk to the Provincial Heritage Park – or park at the Provincial Heritage Park, 40 Turnbull Drive.
- Distance:** 3 km
- Surface Type:** 1.5 km is sidewalk, from town to the Park, 1.5 km is grass from the Park to the Floodway gates and into the lip of the floodway where it meets the Crow Wing Trail
- Suitable For:** Walking, cycling, wheelchairs on sidewalk
- Seasons:** Open year around, snow removal by City of Winnipeg
- Amenities:** St. Norbert Provincial Heritage Park Tourism Centre is open in summer months, Picnic areas, washrooms at the Park